## SANJEEVINI MONTHLY BULLETIN

#### WORKSHOP FOR WRITERS

A literature session held on the 3rd of September as 37 young writers experienced the thrills of the art of

# **COMMUNITY OUTREACH PROGRAMME**

## **HEALTH AWARENESS PROGRAMME:**

on child nutrition, cancer, menopause, stress management, substance abuse and genetic diseases to name Persons through 30 programmes, imparted valuable information to 1,952 women from 25 villages focusing Spreading knowledge on the many health issues including combating various ailments, skilled Resource

## FREE HEALTH CHECK-UP CAMP:

The road to health getting broader as free health check ups are given in 6 villages with strategic venues chosen such as the LPS school - Tumbolli, St Ignatius hospital, Shree Govind Murthi Temple Hall - Chikankod. Expert doctors held general checkups on 458 villagers which included neighboring villages too enabling them The road to health getting broader as free health check ups are given in 6 villages to seek medical help in case of need.

## **HEALTH INFORMATION PROGRAMME:**

received beneficial information on the many issues of health. Better knowledge now is the force of Primary health education was given to villages by committed staff. A total of 212 people from 7 villages as they find themselves all ready to tackle health problems.

#### **VILLAGE MEETINGS:**

gone by has seen better progress in villages with totally 11 meetings held in as many villages. together the village administration in this effort as meetings were held with committee members. The year village elders, ASHA workers, Anganwadi workers and stake holders who cooperate with the Centre in bringing reformative changes, prosperity and wellness in the villages. Sr Maria Goretti the Director, Sr Leena Under the guidance of the Centre, village committees have been formed comprising of Panchayat the Chief Secretary, Mr Anthony the PRO and Mr Herrick the HR Manager showed committed action in bringing officials,

# FOLLOW UP VILLAGE COMMITTEE MEETINGS

with health cards that would benefit poor rural folk in Medicare beginning October. centre in various spheres. Nine such meetings held in the month of October resulted in a quarterly planner These meetings are informal as the village progressive workers receive information on the efforts of the The centre presented its various health care facilities while also providing the members

#### **DEEPAVALI FESTIVE SPIRIT**

Scores of villagers gathered together to celebrate the festival of lights, Deepavali. It was indeed great joy felt, as people shared love and companionship in the most joyous way. The centre organized cultural and ethnic programmes for the crowd as the day ended in four villages, in festal wishes and happiness spilling over for many more days.

### **SELF HELP GROUP MEETINGS**

towards many more efforts ahead to keep the SHG flame burning alive. them to walk the path in their own initiative and effort. The willing Members took up charge and dispersed, spirit of independence, the Centre handed over, quite admirably, the baton to the SHG leaders encouraging It was a show of solidarity amongst the members as the meeting started off in a festive aura. Promoting a

are admired and most loved by a land so far away yet near to you in gratitude and love! A child smiles brighter this Christmas as he/she knows your mercy and goodness. We pray this Christmas end the present gratitude, a gift to you. reach thousands, Thank You for your benign hand, your generous heart and your selfless sacrifice that sees us in your support year on a cheerful note and make way for a fresh and bright New Year! saving lives, brightening smiles... With you we bring hope through action, with only o you. This time when Auld Lang Syne is sung in the frosty cold of the North know that you

All the blessings in a Merry Christmas and a Happy New Year 2018!

Yours affectionately,

Sr Maria Goretti SRA

Director

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